

# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

# **PASTORAL TEAM**

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca Administrative Assistant, admin@holyspiritparish.ca

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

# SUNDAY EUCHARIST

Saturday - 5:00 p.m. Sunday - 9:00 a.m. & 11:00 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

# RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

# **BAPTISMS**

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

# **MARRIAGE**

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

# CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

# **PASTORAL CARE**

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

# CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

# **KNIGHTS OF COLUMBUS**

James MacLean, Grand Knight 613-831-8617

# PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

# **OUR CATHOLIC SCHOOLS**

St. Bernadette Elementary 613-907-4122 Guardian Angels Elementary 613-836-7423 Holy Spirit Elementary 613-831-1853 St. Stephen Elementary 613-831-8844 Sacred Heart High 613-831-6643



<b>PARISH REGISTRATION:</b> If you are new to our P the collection basket.	Parish Community, please fill out this form and put it in
Names:	
Email:	
Address:	Postal Code:
Phone Number:	



# Nov 17 – 33<sup>rd</sup> Sunday in Ordinary Time

Daniel 12.1-3 Hebrews 10.11-14,18 Mark 13.24-32

# Nov 24 – Our Lord Jesus Christ, King of the Universe

Daniel 7.13-14 Revelation 1.5-8 John 18.33b-37

# Parish Calendar

# Mon, Nov 18

6:00 pm First Reconciliation Prep session

6:30 pm RCIA

7:00 pm Catholic Women's League Executive

meeting

Tue, Nov 19

7:00 pm Mass

7:35 pm Knights of Columbus Council meeting

Wed, Nov 20

9:00 am Mass

7:00 pm Choir practice

7:00 pm Finance Council meeting

Thu, Nov 21 Presentation of the Blessed Virgin Mary

9:00 am Mass

9:30 am Catechesis of the Good Shepherd

9:30 am Cenacle of Marian Movement of Priests

6:30 pm Youth Night Grades 3-5

7:00 pm Small Faith Group (by zoom)

Fri, Nov 22 St. Cecilia 9:00 am Mass

9:30 am Flame of Love Prayer Group

Sat, Nov 23

4:15-4:45 pm Reconciliation

5:00 pm Mass

# Sun, Nov 24 Our Lord Jesus Christ, King of the Universe

9:00 am Mass 11:00 am Mass

\*Confession available before morning Mass 8:30-8:50am

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week's theme: Bible. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! youth@holyspiritparish.ca

# **ADVENT ACTIVITIES at Holy Spirit Parish**

November 27 at 7pm – Advent One-Evening Retreat: Praying Christmas Join us for an evening talk on the beauty and meaning of the prayers we pray at the Christmas Masses. Prepare yourself for the celebration of the Birth of the Messiah. When: Wednesday, November 27<sup>th</sup> from 7:00 to 8:30pm; Where: Holy Spirit Parish, Stittsville

December 9 at 9am – Mass followed by Adoration December 15 at 2-4pm – Drop in reconciliation

# **Mass Intentions**

Tue, Nov 19 - 7:00 pm

†Walter Moroz by Nick & Pam Lusito

Wed, Nov 20 - 9:00 am

Deceased parents & relatives of Rachel & Fred

Palubeskie

Thu, Nov 21 – 9:00 am

Intentions of Colin Bahen by Dolores & Warren Bahen

Fri, Nov 22 - 9:00 am

†Philomena & †Deborah LeBlue by Tessie Stoppa

Sat, Nov 23 – 5:00 pm

†Sister Mary Gauthier, OLM by Carol Carroll & Family

Intentions of Gillis Family by Don & Shirley

†Jean & †Joe Kennedy by Kennedy Family

Sun, Nov 24 - 9:00 am

For the intentions of all parishioners

Sun, Nov 24 - 11:00 am

†Margaret Mary Goudie by Kathleen

Intentions of Matt

†Justin Grandmaison by Stittsville Praying Moms

†John Foley by Maureen Cross & Family

†Kurian PT by Family

Please pray for those who are sick:

Please pray for those who have died: †Mary K. Bleskie,

wife of Glenn; †Ursula Adamowicz

†Indicates Deceased.

A **Memorial Book** has been placed in the Atrium. In this book, all parishioners are invited to inscribe the names of their family, relatives and friends who have died and who they wish to have remembered in the prayers that will be said for them during the month of November.

**SUNDAY MISSALS** The 2024-2025 Sunday Missal, "Living with Christ" is available for purchase in the Parish Office at \$5.00 each. Please call the Parish Office for assistance. Limited supply – get yours early.

**2025** Calendars to Support the Food Bank: Calendars are on sale at the parish office created by a parishioner (Jacinta Cillis-Asquith). All proceeds go to support the Stittsville Food Bank: A potential Christmas gift perhaps if you want to get a jump on your shopping!

**St. John the Apostle CWL Christmas Bazaar**, Sat, Nov 23, 9am-3pm, at 2340 Baseline Road. 20 vendors and crafters; snack shack and café; white elephant table; silent auction; books and more. All are welcome!

# **Reflection:**

Christ is coming! Advent is approaching – it starts in two weeks. The last Sundays of ordinary time help us to begin our preparations for the new liturgical year to celebrate the coming of Jesus Christ. There are two comings of Christ his birth in Bethlehem and his return in glory in his second coming. Advent prepares us for both comings. I saw a t-shirt in a store window that read: "Jesus is coming – look busy." Am I ready and eager to meet him or am I worried about that encounter? Christ's return at the end of the ages and the final judgment of the living and the dead are not events to be feared. Christians don't need to be anxious or worried about the future because Christ has claimed it already for us. Nor do we need to fear Satan and his fallen angels, but we do need to entreat God's intervention as we struggle to confront the forces of evil trying to divide us and drive us into despair. Jesus has already triumphed, but his kingdom is not yet here in its fullness. We pray for and await the definitive establishment of his kingdom at his return in glory, not in fear but eager anticipation. If we are doing our best with the help of God's grace to live as faithful disciples, we don't need to worry about the future or Christ's Second Coming.

Fr. Geoff

**Explaining the Mass:** Why Does It Sound This Way? The language in which we pray together at Mass is unique in our weekly experience. It is a dignified, formal way of talking to God. The language we use helps us remember to whom we are praying – God the Father, God the Son and God the Holy Spirit. Some parts of the Mass have noticeable changes from the previous version, such as the Gloria or the Creed, but other parts have not changed, such as the Our Father. Many prayers at Mass sound a little different than the words we have used for over 30 years before our current version, but this gives us an opportunity to listen carefully to what we are saying when we pray. There is an expression that reminds us that what we pray demonstrates and reinforces what we believe: lex orandi, lex credendi. It is quite amazing to think that the words we use today are close to the way Catholic Christians prayed for many centuries: it is proof of the timeless and enduring faith of the Church that we will hand on to the next generation of Catholic Christians. Fr. Geoff

# ATTENTION MEN OF HOLY SPIRIT PARISH

Men's Discussion Group sponsored by the Knights of Columbus: Join us after the First Saturday Mass on December 7th at 9:45 am until 10:45 am for a discussion based on the Knights of Columbus series for men "Into the Breach." There is coffee, a short video and a facilitated discussion on the topic. The next session is: "Brotherhood". All men are welcome!

Dave Smith Youth Treatment Centre Talk Nov 25: The Holy Spirit Parish Catholic Women's League invites all parishioners to our meeting on Mon, Nov 25, at 7:15pm to hear guest speaker, Cindy J. Manor, from the Dave Smith Youth Treatment Centre (DSYTC), a non-profit, live-in, and community-based agency that is dedicated to helping youth (13-21) and families across Ontario overcome substance use and related issues and to achieve a healthier lifestyle. A new treatment centre was recently opened in the Carp area. Following the talk is a health break with refreshments followed by our regular monthly meeting, for those who wish to stay. We look forward to seeing you there.

**NET Ministries** Are you 16-30 and trying to figure out what's next in your life? Come see if a year on mission is for you! NET Canada invites you to our **Mission Discernment Night** in Ottawa on Nov 23rd from 7-9pm at St. Mary's Parish! Join us for a night of fellowship, food, and praise and get a glimpse into what a year on mission with NET Canada would look like! Interested or know someone who would be? Register at <a href="mailto:netcanada.ca/apply">netcanada.ca/apply</a>! Have questions? Email <a href="mailto:netcanada.ca">netcanada.ca</a> or call/text 613-292-9991!

This November, our Vocations Director, Fr. Connor, is launching a new effort in the archdiocese: to ask every Parish to establish Vocation Ministries. Our goal is to help ALL young people hear and respond to the call of Jesus in their lives! To kickstart this, we're holding a "Hundredfold Workshop" on Sat, Nov 23. This will be an inspiring day where you'll learn best practices to get our youth to be open to their vocation of marriage, priesthood, and religious or consecrated life. Register now at: <a href="www.ottawacornwall.ca/event/hundredfold/">www.ottawacornwall.ca/event/hundredfold/</a>

Testimonies Needed! In preparation for the Archbishop's Jubilee Dinner in May 2025, the diocese has begun to collect testimonies. We'd like to interview and film a variety of stories from across Ottawa-Cornwall to showcase what God has been doing in our diocese over the past 5 years. Ideally, stories would come from a variety of ages, backgrounds, and parishes. If you or someone you know has a story of either conversion, a recent encounter with God through sacraments or at an event, or an experience of parish community that has strengthened their faith, please reach out to Ruth at <a href="mailto:ruth.oreilly@ottawacornwall.ca">ruth.oreilly@ottawacornwall.ca</a>

**Adoration:** You are warmly invited to Holy Redeemer parish on Tue, Nov 26th at 7:00pm for our monthly **Heart of Worship** adoration event. The evening will include a talk by Teresa Kargul entitled "Christ as King of our Lives", praise and worship music, silent prayer time, confessions, and fellowship afterwards.

For e-Transfer please send it to <u>admin@holyspiritparish.ca</u> and use the password: Holyspirit (*all one word with a capital H*).

KITCHENS | VANITIES |

CLOSETS

2415 Carp Rd., Stittsville 613-836-5353 www.laurysenkitchens.com



Dr. Erin McLaughlin Dr. Pierre Paradis 613-831-9665

hazeldeanchiropractic.com

# Glen Scottish Restaurant

The Best Fish & Chips in the Valley 1010 Stittsville Main St. 613-836-5622 www.theglen.ca

# Planning for the future

Take the first step today and receive a FREE Planning Kit.

613-591-6580

kellykanatafh.ca

Kelly Funeral Home Kanata Chapel

580 Eagleson Road | Kanata, ON

Secure, Memory Care in Kanata At Its Finest

613.806.3516



630 Eagleson Rd., Kanata, ON

allseniorscare.com

f 💆 🛗

# THE PERFECT **SPOT**

**TO ADVERTISE** YOUR BUSINESS!



TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637



© 613-831-4246

✓ info@postcardperfect.ca

m postcardperfect.ca



**Shop online:** www.liturgica.ca

**©613-745-1537 Showroom:** 

2310 St-Laurent, Unit 209

# XLR8 REALTY GROUP INC. REAL ESTATE BROKERAGE

Save Thousands When You Sell Get Paid When You Buy



WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Rd, Unit 110, Kanata

613-853-0010

■ Dannytrancleaningservicesinc

■Dannytrancleaningservicesinc@gmail.com www.dannytrancleaningservicesinc.com





# 613-293-3929

xlr8realty.com







**OVER 20 YEARS EXPERIENCE** 

# CHRISTOPHER LYONS

REALTOR & BROKER OF RECORD

arbique&ahde

Stittsville Shopping Centre

associate lawyers

204-1300 Main St. 613-836-2240 info@arbiqueahde.com



RETIREMENT PLANNING INVESTMENTS **ESTATE & TAX PLANNING INSURANCE & MORTGAGES** 

> Adrian Brown, CFP, RRC **Executive Financial Consultant** 613-295-6266 400 March Rd Kanata





Shopping Locally Saves Gas



# SERVICES Ltd.

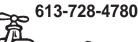
Pickup & Delivery

# RESIDENTIAL • COMMERCIAL

WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Road, unit 110 Kanata ON K2L 2B5 613-793-5678

**F** DannymovingservicesItd dannymovingservicesItd@gmail.com www.dannymovingservicesltd.com





Thomas A.  $\mathsf{PEGG}$ PLUMBING AND HEATING LTD

THE COLE FAMILY... SERVING OUR COMMUNITY SINCE 1924



Pinecrest-Remembrance.com





613-831-7122 613-829-3600 ColeFuneralServices.com HighlandParkCemetery.ca

Dedicated to providing personalized service and choice



9094 Cavanagh Rd., Ashton, ON

613.257.2918 www.thomascavanagh.ca