



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Tamara Fortin, Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CHILDREN'S FAITH FORMATION

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President cwlholyspiritparish@gmail.com

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____



February 23 – 7th Sunday in Ordinary Time

1 Samuel 26.2,7-9,12-13,22-25
 1 Corinthians 15.45-49
 Luke 6.27-38

March 2 – 8th Sunday in Ordinary Time

Sirach 27.4-7
 1 Corinthians 15.54-58
 Luke 6.39-45

Parish Calendar

- Mon, Feb 24**
 6:00 pm First Communion Preparation
 6:30 pm RCIA
- Tue, Feb 25**
 7:00 pm **Mass**
 7:00 pm Confirmation Preparation
- Wed, Feb 26**
 9:00 am **Mass**
 7:00 pm Catholic Women’s League General meeting
 7:00 pm Choir Practice
- Thu, Feb 27**
 9:00 am **Mass**
 9:00 am Children’s Faith Formation
 9:30 am Cenacle of Marian Movement of Priests
 6:30 pm Youth Night Grades 3-5
- Fri, Feb 28**
 9:00 am **Mass**
 9:30 am Flame of Love Prayer Group
 7:00 pm Youth Night Grades 9-12
- Sat, Mar 1**
 9:00 am **First Saturday Mass**
 9:30 am Cor: Into the Breach
 4:15-4:45 pm Reconciliation
 5:00 pm **Mass**
- Sun, Mar 2 8th Sunday in Ordinary Time**
 9:00 am **Mass**
 11:00 am **Mass**

*Pancake breakfast hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week’s theme: Lent. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps!
youth@holyspiritparish.ca

ATTENTION MEN OF HOLY SPIRIT PARISH Men’s Discussion Group *Cor* sponsored by the Knights of Columbus: Join us after the First Saturday Mass on March 1st at 9:45 am until 10:45 am for a discussion based on the Knights of Columbus series for men “Into the Breach.” There is coffee, a short video and a facilitated discussion on the topic. The next session is: Family. All men are welcome!

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*).

Mass Intentions

- Tue, Feb 25 – 7:00 pm**
 Intentions of Jeffrey by Julian & Rita
- Wed, Feb 26 – 9:00 am**
 In thanksgiving to St. Jude
- Thu, Feb 27 – 9:00 am**
 Intentions of Colin Bahen by Dolores & Warren Bahen
- Fri, Feb 28 – 9:00 am**
 Parents, grandparents, relatives & friends by Family Ho Truong
- Sat, Mar 1 – 9:00 am**
 Intentions of Donald Fowler by Joanne & Family
- Sat, Mar 1 – 5:00 pm**
 †Jeanine Cole by Shirley & David Pipkins
 †Sheldon Lancelot Ramsingh by Monica & Rosemarie
- Sun, Mar 2 – 9:00 am**
 Intentions of Sharon Boudreau & Family by Mike & Tamara
- Sun, Mar 2 – 11:00 am**
 For the intentions of all parishioners



Please pray for those who are sick: Donald Fowler
Please pray for those who have died: †Mary Jane

†Indicates Deceased.

PREPARING for LENT... Please return your blessed palms from last year and place them in the basket at the entrance. They will be burned and used as ashes for Ash Wednesday, March 5th.

Masses with the distribution of ashes will be celebrated at 9:00am and 7:00 pm on March 5. The Way of the Cross will be held each Friday evening during Lent at 6:30pm in the church.

Knights of Columbus Shove Sunday Breakfast

The Knights of Columbus will be hosting a Pancake Breakfast in the parish hall on Sun, March 2nd from 10:00am to 1:00pm. All are invited! Please join us for pancakes, sausages and baked beans. We look forward to seeing you there.



Knights of Columbus Recruitment Drive March 1 & 2:

Knights will be sharing their mission with the parish and offering information to men to consider joining this fraternal Catholic. Becoming a Knight is a great way to contribute to the parish community, support family life, the Church, grow in faith and meet other Catholic men who are trying to authentically live Catholic Christianity.

Donate to our
 Parish
 or Youth
 Ministry



231-1

Gospel Reflection:

The message in today's Gospel, "do to others as you would have them do to you," is powerful. It raises the bar from merely avoiding offending others to a more proactive approach to charity. If I was in a situation where I needed a helping hand or I had messed up and needed forgiveness, what would I like to see from someone else? I am called to be merciful and forgiving, especially towards those who offend me. When I practice mercy, I become closer to God, I grow to become more like my heavenly Father, more like Jesus his Son who gave his life for me so that I could be reconciled to God.

Fr. Geoff

Understanding the Mass – The Invitation to the Lord's

Prayer: In the current edition of the Missal, the priest has only one invitation: "At the Saviour's command and formed by divine teaching, we dare to say". This is a literal translation from the original Latin text. At the time of Jesus, no one would have dared to address God so personally and intimately as my "Father" but Jesus taught us that God is indeed our heavenly Father and so he revolutionized the way we relate to Him. In this particular invitation we are reminded that it is only because Jesus commanded us to pray using the words of the "Our Father" that we dare to so intimately address God as Father.

Fr. Geoff

Archbishop's Reception 2025

On May 15, 2025, our Archdiocese will gather to hear what God has done, what he is doing, and where he is leading us. Will you be there? Mingle with others from Ottawa-Cornwall, hear live testimonies from people who encountered God, and be present for the official launch of our new Archdiocesan vision, presented by Archbishop Marcel Dampousse. Whether you are new to the Catholic Church or have been here your whole life, we want you with us. Come be empowered with the mission. Hosted at the Infinity Convention Centre, doors open at 6 pm for a cocktail hour, followed by the main programming from 7 pm – 9 pm. Appetizers will be served. Tickets are \$65 and on sale now. Visit ottawacornwall.ca/events/archbishops-reception/ to purchase your tickets today.

Pastoral Care Team: We are organizing a Pastoral Care Team for Holy Spirit to help with the spiritual needs of parishioners. Currently, we offer Mass at our long-term care facilities and retirement homes, bring Holy Communion to some parishioners and Father Geoff visits the sick on request and also administers the sacrament of the sick. We are looking for volunteers to help us expand our capacities and look into new areas of pastoral care, such as driving people to Mass, visits to the sick, expanding our capabilities to bring Holy Communion to shut-in parishioners and other services. There will be a presentation at the weekend Masses. If you are interested in volunteering or learning more, please contact the office.



Calling all Euchre players Come for a fun afternoon of Euchre on Sat, March 29, 1:00pm - 4:00pm in the Parish Hall. Hosted by the Holy Spirit Parish Catholic Women's League. Tickets are \$10 per person. Please purchase in advance. There will be prizes for the winners, door prizes and 50/50 draw. For info and tickets, contact Michelle or Louise at email cwlholyspiritparish@gmail.com or (613)836-3126. Everyone is welcome.



We welcome to our parish family Lucas and Rayna who were recently baptized. We give thanks and praise to God for the new life in Christ bestowed upon these children.

OFFERING A MASS Offering Mass intentions is a tradition of prayer, support, and community. You may request a Mass for someone who is deceased; for the intentions of someone who is living; for those who are sick and suffering who need prayers; or in celebration of a special occasion. Contact the parish office to book a Mass. Mass Stipend is \$15.00.

Come walk with us! March 17 - Celebrate the 9am Mass at St. Patrick's Fallowfield, and pilgrimage to St. Patrick's Basilica. The 28 km walk will take approximately 8 hours, leaving 9:45am and concluding with a potluck reception in the Scavi of St. Patrick's Basilica. Check out the Pilgrimage details and signup! Check the route, need for a ride or able to provide a ride, optional start/finish points, potluck dish/volunteer cleanup: www.tinyurl.com/St-Patrick-Pilgrimage

Jubilee Year Tour 2025 Sep 1-16, 2025

Cost: \$4,600 per person double occupancy; Includes: Airfare, Hotels with free breakfast, Private Motorcoach; Visiting: Italy, France, Switzerland, Luxembourg, Germany and Czech Republic; Features: Holy Doors (opened every 25 years), Audience with the Pope, Basilicas, Castles, Chateaus, Charming Old City Squares, Infant Jesus of Prague, Time for Shopping. To join the tour, please call: Fr. Glicerio Jimenez 613-874-0111. Please speak slowly and clearly. Please leave name, message and phone number.

PILGRIMAGE OF HOPE March 19, 2025 to St. Joseph's Oratory with Fr. John Ogbaje and Queenship of Mary Sisters. To register contact: Stan & Maria at sbielec@sympatico.ca or 613.914.0427

Genesis Art Show On April 27th from 12pm-4pm, come explore through art the beauty of God the Creator and his creation. Hosted by the Archdiocese of Ottawa-Cornwall at the Café Des Tours, the show will feature local artists with a focus on creation and how we find God through it. Artists can visit www.ottawacornwall.ca/genesis to learn more about submitting their artwork.

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