



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Tamara Fortin, Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 11:00 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CHILDREN'S FAITH FORMATION

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Louise Beggs, President [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)

### KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

### PARISH FINANCE COUNCIL

Jan Haubrich, Chair 613-850-3283

### OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122  
Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## THE PRESENTATION OF THE LORD



### Feb 2 – Feast of the Presentation of the Lord

Malachi 3.1-4  
Hebrews 2.10-11,13b-18  
Luke 2.22-40

### Feb 9 – 5th Sunday in Ordinary Time

Isaiah 6.1-2a,3-8  
1 Corinthians 15.1-11  
Luke 5.1-11

#### Parish Calendar

- Mon, Feb 3** St. Blaise  
Parish Office closed in morning
- Tue, Feb 4**  
9:30 am Lay Apostolate of Jesus Christ the Returning King  
**7:00 pm Mass**
- Wed, Feb 5** St. Agatha  
**9:00 am Mass**  
7:00 pm Choir Practice
- Thu, Feb 6** St. Paul Miki & Companions  
**9:00 am Mass**  
9:00 am Children's Faith Formation  
9:30 am Cenacle of Marian Movement of Priests  
7:00 pm Youth Night Grades 6-8
- Fri, Feb 7**  
**9:00 am Mass**  
9:30 am Flame of Love Prayer Group  
9:30-10:30 am First Friday Adoration & Benediction
- Sat, Feb 8**  
2:00 pm Finance Council meeting  
4:15-4:45 pm Reconciliation  
**5:00 pm Mass**
- Sun, Feb 9** **5<sup>th</sup> Sunday in Ordinary Time**  
**9:00 am Mass**  
**11:00 am Mass**  
12:00 pm Synod presentation: A Voting Delegate's Insight with Dr. Clifford
- \*Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, February 7 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 6-8. This week's theme: Relationship Pannel. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Confirmation Preparation begins in February 2025. We need small group leaders once a week beginning February 18. If interested or for more details, please contact Alex at [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

**Upcoming Blood Donation Event** at Holy Spirit Parish on Wednesday, February 12th from 1:00 pm to 7:00 pm. Book now to donate at [www.blood.ca](http://www.blood.ca)

#### Mass Intentions

- Tue, Feb 4 – 7:00 pm**  
Intentions of Laplante Family by Garvey Family
- Wed, Feb 5 – 9:00 am**  
†Gelma Banchemo Gambetta by Pamela de la Flor
- Thu, Feb 6 – 9:00 am**  
Intentions of Marion Di Gaspari by Margaret Mulvihill
- Fri, Feb 7 – 9:00 am**  
Intentions of Basil & Jacinta by Marie
- Sat, Feb 8 – 5:00 pm**  
†Paul Murphy by the Reich Family  
†Gerald Kealey by Elaine Kealey  
†Sheldon Ramsingh by Monica & Rosemarie
- Sun, Feb 9 – 9:00 am**  
Intentions of Patricia Di Gaspari by Marion  
Intentions of Alex & Sharon Morris by Mary & Family  
Intentions of Aaron Gifford by Dolores & Warren Bahen
- Sun, Feb 9 – 11:00 am**  
For the intentions of all parishioners



**Please pray for those who are sick:**  
**Please pray for those who have died: †**  
†Indicates Deceased.



**LENT IS COMING...** Please return your blessed palms from last year and place them in the basket at the entrance. They will be burned and used as ashes for Ash Wednesday.

#### Synod Update: Echoes from the Synod Assembly in Rome: A Voting Delegate's Insight.

Dr. Catherine Clifford, professor and founding director of the Centre for Research on Vatican II and 21st century Catholicism at St. Paul University, served as a voting delegate and expert consultant at the Synod on Synodality. What happened in Rome? What does synodality mean for you and me? Come and learn. Bring your questions on Sunday, February 9 at 12 pm in the parish hall. Followed by a light lunch offered by our CWL and Holy Spirit Parish synod team. Everyone is welcome. For more information contact Louise 613-852-4469.

*Donate to our  
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For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

### **Gospel Reflection:**

Today we celebrate the Feast of the Presentation of the Lord, which is also known as “Candlemas”. The Preface before the Eucharistic on this day tells us the Feast’s meaning: “[Jesus,] your co-eternal Son was presented on this day in the Temple and revealed by the Spirit as the glory of Israel and Light of the nations.” The Feast of Candlemas reminds us that Christ is the Messiah, the light to the nations. Christ is the light of the world but is he the light of our life?

Fr. Geoff

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**Restructured Finance Committee:** we have restructured our Finance Committee into a Finance Committee and a Repair and Maintenance Subcommittee. In addition, I would like us to have a Stewardship Subcommittee as well as part of our restructuring. We are working on the latter. The **Finance Committee** meets Monthly with me and is composed of: Jan Haubrich (Chair), Patricia Wood, Marcel Sauvé, Leo Coulas and Philip Kiazzyk. The **Repair and Maintenance Subcommittee** is composed of Gerry Lafleur, Julian Francispillai and André Castonguay. It reports back to me and the Finance Committee. I am grateful for everyone’s expertise and generous help! Fr. Geoff

**Baptism Fount Update:** after many hours of research and work, the baptism fount is back in operation! Here is the short version... There were two issues to resolve: the water feature was causing a leak and the fount basin had developed hairline cracks. The water feature has been fixed and after hours of research and consultation with a local concrete expert, a food grade sealer was used to seal the cracks. A big thank you to Julian and Gerry on our Building and Maintenance Team (and Michael, our custodian) for the many hours they devoted to solving this problem. They saved us a lot of money - through their volunteer labour and dedication to finding the best solution. Thank you! Fr. Geoff

### **Pope St. John Paul II: Vocation Prayer**

Lord Jesus, as You once called the first disciples to make them fishers of men, let Your sweet invitation continue to resound: Come, follow Me! Give young men and women the grace of responding quickly to Your voice. Support our bishops, priests, and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to Your service. Mary, Mother of the Church, the model of every vocation, help us to say “Yes” to the Lord Who calls us to cooperate in the divine plan of salvation. Amen.

St. Phillips Ladies Auxiliary are hosting a **Family Fun Night** Sat, Feb 15, 6PM at the parish hall. We will be serving up chilli and a fun evening of bingo. Cost is \$15/person, \$40/family. For more information or to purchase tickets contact Veronica Gervais, [stphilipsladiesaux@gmail.com](mailto:stphilipsladiesaux@gmail.com) or call 613 791-2723. Please purchase tickets by February 12th. Etransfers available.

If your child was born in 2021, it's time to register them to start **Kindergarten 2025 at the Ottawa Catholic School Board!** All our schools provide a nurturing, innovative, and faith-filled environment with rich French programming, making it an excellent choice for your child as they start their schooling journey. Registering is Easy - Simply complete the online registration form and upload your documents. If you have questions, our Admissions team ([Admissions@ocsb.ca](mailto:Admissions@ocsb.ca)) will be happy to help. Visit [ocsb.ca/register](https://ocsb.ca/register) to register today!

**St. Blaise February 3** – The Feast of Saint Blaise is a beautiful invitation to healing. The Church offers a special blessing of throats: a priest places two crossed candles on the throats of believers and invokes Saint Blaise’s healing and protection. Throats will be blessed after the Tuesday evening Mass this week. *Through the intercession of Saint Blaise, Bishop and Martyr, may God deliver you from every disease of the throat and from every other illness. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

**The Jubilee Year 2025:** Jubilee Year resources can be found on the CCCB website at [www.cccb.ca/evangelization-catechesis-catholic-education/the-ordinary-jubilee-of-the-year-2025/](http://www.cccb.ca/evangelization-catechesis-catholic-education/the-ordinary-jubilee-of-the-year-2025/)

**Message from Archbishop Damphousse about the “Called by Name” Programme:** As you well know, we all have a part to play in asking the Lord to send out “labourers into his harvest” (Mt 9:38). Towards this end, I am asking for your assistance in implementing a programme intitled: ‘Called by Name’ in your parish. ‘Called by Name’ is a proven programme which promotes vocations by inviting specific trusted individuals (clergy, staff, etc.) to identify potential vocations in others. These trusted nominators are asked if they have sensed, in others, a call to the priesthood for men or consecrated life for women. Yes, I am quite aware that all vocations are important, but this year our resources only allow us to begin here. We will expand our efforts in the future years. On Sunday (February 1 and 2), nominations will begin via the following link. Anyone is invited to make nominations. These nominating individuals are asked to think of people they feel could be called to the priesthood or consecrated life for women. Nominations will take place on an archdiocesan web page. (Those under 18 can be nominated, however, all diocesan contact with the nominee will be done via the parent or legal guardian.) ["Called By Name" Nominations - « Nommé personnellement » nominations](#)

Nominees will then be invited to consider attending a follow-up discernment event to take place later in 2025. Details will be sent directly to those nominated. Thank you for helping to create a culture of vocations in the archdiocese! If you have any questions about this process, please reach out to Fr. Connor O’Hara, the Director of Vocations, at [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca) In Christ,  
Archbishop Marcel Damphousse

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