



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 11:00 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122  
Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# FIRST SUNDAY OF ADVENT



## December 1 – First Sunday of Advent

Jeremiah 33.14-16  
1 Thessalonians 3.12-4.2  
Luke 21.25-28,34-36

## December 8 – Second Sunday of Advent

Baruch 5.1-9  
Philippians 1.3-6,8-11  
Luke 3.1-6

### Parish Calendar

#### Mon, Dec 2

6:00 pm First Reconciliation Prep session  
6:30 pm RCIA

#### Tue, Dec 3

St. Francis Xavier  
9:30 am Lay Apostolate of Jesus Christ the  
Returning King

**7:00 pm Mass**

7:00 pm Choir Practice

#### Wed, Dec 4

**9:00 am Mass**

6:30 pm Sacrament of First Reconciliation

#### Thu, Dec 5

**9:00 am Mass**

9:30 am Catechesis of the Good Shepherd  
9:30 am Cenacle of Marian Movement of Priests  
6:30 pm Youth Night Grades 3-5  
7:00 pm Small Faith Group (by zoom)

#### Fri, Dec 6

**9:00 am Mass**

9:30 am Flame of Love Prayer Group

9:30-10:30 am First Friday Adoration & Benediction

#### Sat, Dec 7

St. Ambrose

**9:00 am First Saturday Mass**

9:30 am Cor: Into the Breach

4:15-4:45 pm Reconciliation

**5:00 pm Mass**

#### Sun, Dec 8 Second Sunday of Advent

**9:00 am Mass**

**11:00 am Mass**

\*Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, December 6 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

The **Lighthouse Youth Ministries** Youth Nights continue: this week Grades 3-5. This week's theme: Advent. Bring a friend. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

Weekly contribution **envelopes for 2025** have arrived! Please pick up your box of envelopes early. If you do not have an envelope number and you would like one, envelopes are available. Call the Parish Office for assistance. Please do not use your 2025 envelopes until January 2025!

For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (all one word with a capital H).

### Mass Intentions

#### Tue, Dec 3 – 7:00 pm

Intentions of LaPlante Family by Garvey Family

#### Wed, Dec 4 – 9:00 am

†Rose Gregory by Muriel

#### Thu, Dec 5 – 9:00 am

†Anita Richie by Jeannie & Jacques

#### Fri, Dec 6 – 9:00 am

Parents, grandparents, relatives & friends by Family Ho  
Truong

#### Sat, Dec 7 – 9:00 am

For all souls in purgatory

#### Sat, Dec 7 – 5:00 pm

Deceased members of Troy Family

†Zena Mariados & †Deolinda Nakano by Eduardo Fonseca  
†Jacob Sebastian, †Molly Jacob, & †Sister Theresa by  
Jacob Family

#### Sun, Dec 8 – 9:00 am

For the intentions of all parishioners

#### Sun, Dec 8 – 11:00 am

Living & deceased members of Catholic Women's League  
†Eleanor Surette-MacDonald by Denise & Family  
Intentions of Maureen Gifford by Dolores & Warren Bahen

†Tom Cybulski by Josephine Cybulski & Ray Golka

**Please pray for those who are sick:**

**Please pray for those who have died: †**

†Indicates Deceased.



*Advent Candles are available in the Parish Office for \$10 a set.*

### ADVENT ACTIVITIES at Holy Spirit Parish

#### Mon, Dec 9 at 9am – Mass followed by Adoration

Special Mass for the Feast of the Immaculate Conception of the Blessed Virgin Mary: because December 8<sup>th</sup> falls on a Sunday, the celebration of the Feast is moved to Monday this year. We will have a 9am morning Mass, followed by an hour of Exposition of the Blessed Sacrament, Adoration and ending with Benediction. All are welcome and encouraged to attend both or either liturgy.

#### Sun, Dec 15 at 2-4pm – Drop in reconciliation

### Beware of Suspicious Emails from the Priests!

Fr. Geoff will **never** ask parishioners for money, gift cards or favours by email. As Christmas approaches, Scammers are hard at work trying to fool us. If you receive an email supposedly from Fr. Geoff that looks suspicious, call the parish office. Do not respond to the email. Call anytime if you have questions! It's a sad reality that scammers use priests' names to prey on the generous good will of parishioners.



**Advent Quote of the Week:** “Advent, this powerful liturgical season that we are beginning, invites us to pause in silence to understand a presence. It is an invitation to understand that the individual events of the day are hints that God is giving us, signs of the attention he has for each one of us.” Pope Benedict XVI

**Understanding the Mass – Why Does it Sound This Way?**

When the Church decided to translate the Latin Missal into English, experts in Latin, liturgy, English, poetry, music and translation, as well as other disciplines, were consulted to produce the best translation possible. After thirty years of experience with the last translation, we saw that we had lost some important content by loosely paraphrasing the Latin prayers into English. The Missal now has the most accurate translation of the Latin prayers, and it is closest to what the Church prayed for centuries. Sometimes the translators had to use words or phrases that sound more formal or ‘old fashioned’ because that was the most accurate way to keep the original meaning. But almost all of the translations were able to balance a good, accurate translation with simple and dignified language and a Roman ‘style’ of prayer that help us to remember that we are speaking to God who is deserving of all of our love and respect. Fr Geoff

**SUNDAY MISSALS** The 2024-2025 Sunday Missal, “Living with Christ” is available for purchase in the Parish Office at \$5.00 each. Please call the Parish Office for assistance. Limited supply – get yours early.

**Knights of Columbus Christmas Tree Campaign** To reserve your tree or to pay via e-transfer, email [koc@holyspiritparish.ca](mailto:koc@holyspiritparish.ca). Trees 8 feet and higher are \$80 each. All the rest are \$65 each. Supply is limited. Proceeds are going to support the Parish Youth Ministry.

**Granite Ridge Care Community** (5501 Abbott St. E.) will be holding its annual **Christmas Bazaar** on Nov 29, 30 and Dec 1st from 9am – 3pm. All items are handmade by residents and proceeds go to the Residents’ Council Fund. Everyone is welcome.

**ATTENTION MEN OF HOLY SPIRIT PARISH**

Men’s Discussion Group sponsored by the Knights of Columbus: Join us after the First Saturday Mass on December 7th at 9:45 am until 10:45 am for a discussion based on the Knights of Columbus series for men “Into the Breach.” There is coffee, a short video and a facilitated discussion on the topic. The next session is: “Brotherhood”. All men are welcome!

**ATTENTION WOMEN OF HOLY SPIRIT PARISH**

If you are not already a member, please accept our invitation to join the Catholic Women’s League! December 7-8, our CWL will have an Invitation Gift and brochure for every woman after each of the three Masses. Our Membership Drive will be on January 18-19, 2025 after each Mass. All women 16 years and older are welcome!

**2024 Stittsville Food Bank Christmas Campaign**



Please consider purchasing gift cards for children ages 1-17 for the Stittsville Food Bank. These cards will be included in the Christmas hampers distributed this December. Your donations can be dropped off to the parish office during office hours or slipped under the office door on weekends no later than Fri, Dec 13. Thank you for the ongoing support received by those in our community who need our help.

**Join our Christmas Choir:** With the arrival of the Advent season, our Music Ministry invites you to join us in preparing for our upcoming Christmas celebrations. If you like to sing, OR just want to get into the Christmas Spirit, you are invited to our Choir Rehearsals on December 11 & 18 at 7:15pm in the church. We will be going over our Christmas season music program and singing many of our favourite, classic Christmas songs. All are always welcome to attend. Contact Divina for more details.

**Journey Through Advent 2024 – Video Series to Introduce and Reflect on the Season**

As we prepare for the Nativity of Our Lord, it is hoped that this year’s *Journey through Advent* videos will be a source of spiritual comfort, peace, and meaningful preparation for all who watch them. The videos will be uploaded one at a time on a weekly basis throughout Advent and will be available on the CCCB website each Monday in advance of the upcoming Sunday Eucharistic Celebration (December 2, 9 and 16).

**RCIA:** there is a process for those wishing to join the Catholic Church called the *Rite of Christian Initiation of Adults*. It is composed of several stages beginning with a period of inquiry into the Catholic faith that ends with the formal acceptance of seekers into the order of the catechumenate at a public celebration with the parish. This Saturday evening, Nov 30, at the 5 pm vigil Mass, we presented and welcomed two people who are preparing to join the Catholic Church: Torie and Spencer. Congratulations! Please keep them in your prayers.

**Welcome to Our New Custodian:** welcome to Michael Smith our new part-time custodian who will help us keep our church neat, tidy and in good repair. Thank you to everyone who applied for this important position.

**Soccer for Kids:** a parishioner family runs a soccer club (Forte’s Impact Club – originating in Brazil) that provides an opportunity for children to hone their soccer skills, get exercise and learn to play on a team. Part of the goal is also to help families by giving their children a chance to unplug and get some healthy exercise while building their confidence. It is also a chance for families to get together to offer mutual friendship and support. For more information please see [www.fortesimpact.com](http://www.fortesimpact.com)

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