



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Father John Onmeje Ogbaje, Associate Pastor, [associate@holyspiritparish.ca](mailto:associate@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122  
Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

TWENTY-THIRD SUNDAY IN ORDINARY TIME



Sep 8 – 23<sup>rd</sup> Sunday in Ordinary Time

Isaiah 35.4-7  
James 2.1-5  
Mark 7.31-37

Sep 15 – 24<sup>th</sup> Sunday in Ordinary Time

Isaiah 50.59  
James 2.14-18  
Mark 8.27-35

*Parish Calendar*

**Mon, Sep 9**

**9:00 am** Mass  
5:00 pm RCIA  
7:00 pm Prayer Shawl Ministry  
7:00 pm Knights of Columbus planning meeting

**Tue, Sep 10**

**7:00 pm** Mass

**Wed, Sep 11**

**9:00 am** Mass  
7:00 pm Catholic Women's League bazaar  
planning

**Thu, Sep 12**

**9:00 am** Mass  
9:30 am Cenacle of Marian Movement of Priests  
7:00 pm Youth Night Grades 6-8

**Fri, Sep 13**

St. John Chrysostom  
**9:00 am** Mass  
9:30 am Flame of Love Prayer Group

**Sat, Sep 14**

The Exaltation of the Holy Cross  
4:15-4:45 pm Reconciliation  
**5:00 pm** Mass

**Sun, Sep 15**

**24<sup>th</sup> Sunday in Ordinary Time**  
**9:00 am** Mass  
**10:30 am** Mass

\*hospitality & coffee hosted by the Catholic Women's League after the 9 & 10:30am Masses. Everyone welcome!

\* Confession available before morning Mass 8:30-8:50am

**To all parish's generous faithful** Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

*Mass Intentions*

**Mon, Sep 9 – 9:00 am**

†Stella Metcalfe by Vanita & Family

**Tue, Sep 10 – 7:00 pm**

Intentions of Hector Thomas by June Peter

**Wed, Sep 11 – 9:00 am**

†Raymond Viau by Sandra Cybulski

**Thu, Sep 12 – 9:00 am**

†Anita McGrath by Sandra Cybulski

**Fri, Sep 13 – 9:00 am**

†Alan Selvadurai by Marie

**Sat, Sep 14 – 5:00 pm**

†Michael Mendolia by Family

†John Myslicki by Family

†Pat Foley by Pauline Foley

†Garfield Ogilvie by Family

**Sun, Sep 15 – 9:00 am**

Deceased family members of Joe & Donella Gabriele

†Larry Poirier

Intentions of Pauline Foley & Family by Claudette & Mike

Deceased family members of Marie Armstrong

**Sun, Sep 15 – 10:30 am**

For the intentions of all parishioners

**Please pray for those who are sick:** Mary Ann

**Please pray for those who have died:** †

Indicates Deceased.



**Beware of Suspicious Emails from the Priests!**

Fr. Geoff and Fr. John will **never** ask parishioners for money, gift cards or favours by email. If you receive an email supposedly from either of us that looks suspicious, call the parish. Do not respond to the email. Call anytime if you have questions! It's a sad reality that scammers use priests' names to prey on the generous good will of parishioners.



**CHANGE OF SUNDAY MASS TO 11:00 AM**

On October 6<sup>th</sup>, the 10:30 am Mass will move to 11 am from then onwards. The reasons are: to give more time between the 9 am Mass and the next Mass to participate in the Coffee Socials and also to help with traffic flow and set up between Masses, especially on busy Sundays with special Masses or events.

**COMING SOON...**  
**SUNDAY 11:00 AM MASS**

Starting on Sunday, October 6, 2024, the weekend Mass schedule will be 9:00 AM and 11:00 AM.

## PAINT NIGHT EVENT

The Catholic Women's League is hosting a paint night featuring the Paint Party Sisters on Wed, Sep 18, from 7:00 to 9:00 pm in the Parish Hall. Everyone is welcome - please bring a friend for a fun evening. Tickets must be purchased ahead of time and are \$40 per person; the price includes all supplies and light refreshments will be served. Tickets are available from Claire at 613-612-1659, email [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)



## Catholic Women's League Bazaar 2024:

The CWL is in the planning stages for its annual Bazaar to be held in early November. There are currently spots available for vendors who would like to participate. If you have items that you would like to sell or know of a vendor who would like to have a table at the Bazaar, please contact Claire at 613-612-1659 or send an email to: [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com).

There will be vendors, crafts, baked goods, door prizes, raffles, White Elephant table, religious articles and more at our Bazaar. We invite all parishioners to help us. If you have knitting, sewing, craft items and baking, it would be much appreciated! We love having a variety of crafts, so please let us know if you have items to donate. Contact us at [cwlholyspiritparish@gmail.com](mailto:cwlholyspiritparish@gmail.com)



**A Dinner Theatre Experience Supporting Notre Dame Cemeteries** Celebrate 150 years of Notre Dame Cemetery at this unique fundraiser, hosted at the Centre Pauline-Charron. Hear the stories of residents of the cemetery, brought back to life through a unique dinner theatre experience. Tickets are \$35/person and include the cost of the meal. Sep 13 at 6 pm. Purchase your ticket in advance at: [www.ottawacornwall.ca/event/final-testaments-stories-from-notre-dame-cemetery/](http://www.ottawacornwall.ca/event/final-testaments-stories-from-notre-dame-cemetery/)

## Parish Secretary Position Open

St. Michael's Parish in Corkery is looking to hire a new parish secretary. The position is part-time at 24 hour per week, and \$23/h. If you are interested in the position, please reach out to Fr. Matthew at [pastor@stmcorkery.ca](mailto:pastor@stmcorkery.ca) or call the parish office at 613-256-3441. See [www.stmcorkery.ca](http://www.stmcorkery.ca) for other parish details.

## Care of Creation

Each year from Sep 1 to Oct 4, the Christian family unites for this worldwide celebration of prayer and action to protect our common home. It is a special season where we celebrate God as Creator and acknowledge Creation as the divine continuing act that summons us as collaborators to love and care for the gift of all that is created.



**Did you know that:** Students are actively involved in environmental stewardship at school. Encourage youth's acquired practices also at home by providing them with smart options for their clothing, lunch box and daily habits to support sustainable and waste free practices especially in the purchase of school supplies and lunch boxes (with reusable containers and no individual wrapping of food items).

## Come walk with us!

Celebrate the 9am Mass at St. Patrick's Fallowfield and pilgrimage to St. Mary's Parish, Ottawa. Pilgrims who have joined us in the past are Fr. Mark Goring, the Servants of the Cross and the Queenship of Mary Community and people from around Ottawa. The 24 km walk will take approximately 7 hours, leaving 9:45am and concluding with a potluck reception at St. Mary's Parish. Check out Pilgrimage details and signup: route, shuttle need or volunteer, optional start/finish points, potluck dish/volunteer cleanup here link: [www.tinyurl.com/y3upd9nm](http://www.tinyurl.com/y3upd9nm)

## Annual Commemoration of the Faithful Departed (Hope Cemetery) on Sep 15, 2024 at 2:30 pm

Join Hope Cemetery as we celebrate the lives of those interred within our grounds. The commemoration will begin at 2:30 pm in the Hope Chapel. After, the Bishop or his delegate will bless the graves of individuals whose loved ones are present at the celebration.

## Diocesan Holy Hour for Vocations on Sep 19, 2024 at 7:15 pm

Come and "pray to the Lord of the harvest" for Vocations (Mt 9:38). Everyone is invited to Notre-Dame Cathedral Basilica for an evening of Eucharistic Adoration, praying for an increase of all vocations within the Archdiocese of Ottawa-Cornwall. A social time will follow in the Café des Tours.

Free parking is available in the 'blue line section' of the public parking lot behind the Cathedral.

For more information, contact Fr. Connor O'Hara, at [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca)



**LAURYSSEN**  
**KITCHENS**  
 KITCHENS | VANITIES | CLOSETS  
 2415 Carp Rd., Stittsville 613-836-5353  
 www.laurysenkitchens.com

**HAZELDEAN FAMILY CHIROPRACTIC**  
 Dr. Erin McLaughlin  
 Dr. Pierre Paradis  
 613-831-9665  
 hazeldeanchiropractic.com

**Glen Scottish Restaurant**  
*The Best Fish & Chips in the Valley*  
 1010 Stittsville Main St.  
 613-836-5622  
 www.theqlen.ca

Planning for the future  
 Take the first step today and receive a **FREE** Planning Kit.  
**613-591-6580**  
 kellykanatafh.ca  
 Kelly Funeral Home  
 Kanata Chapel  
 by Arbor Memorial  
 580 Eagleson Road | Kanata, ON  
Arbor Memorial Inc.

Secure,  
 Memory Care  
 in Kanata  
*At Its Finest*  
**613.806.3516**  
 **THE Courtyards**  
 ON EAGLESON  
An All Seniors Care Living Centres Residence  
 630 Eagleson Rd., Kanata, ON  
**allseniorscare.com**  
  

**THE PERFECT SPOT**  
**TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL**  
**1-800-268-2637**

**POSTCARD PERFECT LTD.**  
**TURF - SNOW - IRRIGATION**  
 613-831-4246  
 info@postcardperfect.ca  
 postcardperfect.ca

**Liturgica inc.**  
*Religious Supplies & Gifts*  
 Shop online:  
 www.liturgica.ca  
 613-745-1537  
 Showroom:  
**2310 St-Laurent, Unit 209**

**XLR8 REALTY GROUP INC.**  
**REAL ESTATE BROKERAGE**  
*Save Thousands When You Sell*  
*Get Paid When You Buy*  
ACCELERATING REAL ESTATE THROUGHOUT OTTAWA AND THE VALLEY  
**613-293-3929**  
 xlr8realty.com  
    
 OVER 20 YEARS EXPERIENCE  
**CHRISTOPHER LYONS**  
 REALTOR & BROKER OF RECORD

**Danny Tran CLEANING SERVICES Inc.**  
**RESIDENTIAL • COMMERCIAL**  
 WE ARE COVERED BY INSURANCE AND WSIB  
 500 Hazeldean Rd, Unit 110, Kanata  
**613-853-0010**  
 Dannytrancleaningservicesinc  
 Dannytrancleaningservicesinc@gmail.com  
 www.dannytrancleaningservicesinc.com

**IG WEALTH MANAGEMENT**  
 www.brownteam.ca  
 RETIREMENT PLANNING INVESTMENTS  
 ESTATE & TAX PLANNING  
 INSURANCE & MORTGAGES  
 Adrian Brown, CFP, RRC  
 Executive Financial Consultant  
 613-295-6266  
 400 March Rd, Kanata



  
**Shopping Locally Saves Gas**

 **arbique&ahde**  
 associate lawyers  
 Stittsville Shopping Centre  
 204-1300 Main St. 613-836-2240 info@arbiqueahde.com

 **DANNY MOVING SERVICES Ltd.**  
 Pickup & Delivery  
**RESIDENTIAL • COMMERCIAL**  
 WE ARE COVERED BY INSURANCE AND WSIB  
 500 Hazeldean Road, unit 110  
 Kanata ON K2L 2B5  
 613-793-5678  
 Dannymovingservicesltd  
 dannymovingservicesltd@gmail.com  
 www.dannymovingservicesltd.com

**THOMAS CAVANAGH CONSTRUCTION LIMITED**  
 9094 Cavanagh Rd., Ashton, ON  
 613.257.2918 www.thomascavanagh.ca

613-728-4780  
  
**Thomas A. PEGG**  
 PLUMBING AND HEATING LTD.

**THE COLE FAMILY...**  
 SERVING OUR COMMUNITY SINCE 1924  
COLE FAMILY OWNED SINCE 1924  
**PINECREST REMEMBRANCE FUNERAL** **COLE FUNERAL SERVICES Ltd.** **HIGHLAND PARK CEMETERY**  
Services Ltd. Services Cole Family owned  
 613-831-7122 613-829-3600  
 Pinecrest-Remembrance.com ColeFuneralServices.com HighlandParkCemetery.ca  
*Dedicated to providing personalized service and choice*

**THOMAS CAVANAGH CONSTRUCTION LIMITED**  
 9094 Cavanagh Rd., Ashton, ON  
 613.257.2918 www.thomascavanagh.ca