



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Father John Onmeje Ogbaje, Associate Pastor, [associate@holyspiritparish.ca](mailto:associate@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122  
Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

TWENTY-SIXTH SUNDAY IN ORDINARY TIME



Sep 29 – 26<sup>th</sup> Sunday in Ordinary Time
Numbers 11.25-29
James 5.1-6
Mark 9.38-43,45,47-48

Oct 6 – 27<sup>th</sup> Sunday in Ordinary Time
Genesis 2.7ab,15,18-24
Hebrews 2.9-11
Mark 10.2-16

SAVE THE DATE – November 16, 2024 is our Catholic Women’s League BAZAAR – you don’t want to miss it!

Parish Calendar

Mon, Sep 30 St. Jerome
9:00 am Mass
9:00 am Net Retreat – St. Bernadette School
6:30 pm RCIA
Tue, Oct 1 St. Thérèse of the Child Jesus
9:00 am Net Retreat – St. Stephen School
9:30 am Lay Apostolate of Jesus Christ the Returning King
7:00 pm Mass
Wed, Oct 2 The Holy Guardian Angels
9:00 am Mass
7:00 pm Catholic Women’s League planning meeting
Thu, Oct 3
9:00 am Mass
9:30 am Catechesis of the Good Shepherd
9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5
Fri, Oct 4 St. Francis of Assisi
9:00 am Mass
9:30 am Flame of Love Prayer Group
9:30-10:30 am First Friday Adoration & Benediction
Sat, Oct 5
9:00 am First Saturday Mass
9:30 am Catechesis of the Good Shepherd
4:15-4:45 pm Reconciliation
5:00 pm Mass
Sun, Oct 6 27<sup>th</sup> Sunday in Ordinary Time
9:00 am Mass
11:00 am Mass

\*hospitality & coffee hosted by the Knights of Columbus after the 9 & 11 am Masses. Everyone welcome!
\* Confession available before morning Mass 8:30-8:50am

Adoration of the Blessed Sacrament will be held on Friday, October 5 after the 9AM Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction until 10:30AM.

CHANGE OF SUNDAY MASS TO 11:00AM Begins Next weekend On October 6, the 10:30 am Mass will move to 11:00 am from then onwards: to give more time between the 9 am Mass and the next Mass to participate in the Coffee Socials and to help with traffic flow and set up between Masses, especially on busy Sundays with special Masses or events.



Mass Intentions

Mon, Sep 30 – 9:00 am
Intentions of Patricia Sibbald by Dolores & Warren Bahen
Tue, Oct 1 – 7:00 pm
Deceased parents of Kinga Marszalek
Wed, Oct 2 – 9:00 am
Intentions of Mrs. Jean Devenny by Devenny-O’Donnell Families
Thu, Oct 3 – 9:00 am
Intentions of Kevin Lambert & Danielle Laurier by June Peter
Fri, Oct 4 – 9:00 am
Parents, grandparents, relatives & friends of Family Ho Truong
Sat, Oct 5 – 9:00 am
†Jared Sloan Murray by Anne Sloan & Family
Sat, Oct 5 – 5:00 pm
Living & deceased members of the Catholic Women’s League
†Mary Jane Bourbonniere by James Riordan
Sun, Oct 6 – 9:00 am
†Henry Van de Heuval by Mary Jeffrey & Family
Intentions of Pauline Foley & Family by Janet & Harley Nikkel
Intentions of David & Family by Mike, Tamara & Simon
Intentions of Barb Denis by Catholic Women’s League Sisters
Sun, Oct 6 – 11:00 am
For the intentions of all parishioners



Please pray for those who are sick: Joanne
Please pray for those who have died: †Msgr. Kevin Maloney

†Indicates Deceased.

Men’s Breakfast with Guest Speaker Bishop Yvan Matthieu

Saturday, October 19<sup>th</sup>, 8 am in Holy Spirit Parish Hall. The Knights of Columbus of Holy Spirit Parish are hosting a men’s breakfast with a guest speaker. The theme is “Fatherhood in the Bible”. All men are invited! Please RSVP to kofc@holyspiritparish.ca by Tuesday, October 17<sup>th</sup> so we can have enough scrambled eggs, sausage, toast, etc. Free will offering to cover the costs. Invite a friend for a morning of fellowship with an engaging speaker on the important topic of fatherhood.



For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (all one word with a capital H).

### Thank You Father John Ogbaje

On behalf of Holy Spirit Parish, with sadness we say farewell to our associate Pastor, Father John Ogbaje. Thank you for your thoughtful homilies, sense of humour and gentle presence with us for the past two months. You brought your personal gifts and experience of priestly ministry in Nigeria to share with us and have enriched us. Archbishop Dampousse has asked us to release Father John to enable him to go to St. John the Apostle Parish. There he will help as a second priest and continue his introduction to ministry in a Canadian parish context so that he can share his experience and gifts within our archdiocese. We are sad to see him leave us, but we know his talents will be appreciated at St. John the Apostle. This move came about quickly – this is the first opportunity to share the news; this is his last weekend with us. We have invited Father John to join us for 11 am Mass and Coffee Social on Sunday, October 20<sup>th</sup> when we will have time to say good-bye in person and congratulate him on his new assignment. May God bless you and the Holy Spirit guide and sustain you, Father John!

*Father Geoffrey Kerlake*

### 2025 CONFIRMATION PREPARATION - PARENTS ONLY MEETING (no children required):

at Holy Spirit Parish Hall on: Tue, Oct 22, 2024 at 6:30 pm; and Sat, Oct 26, 2024 at 4:00 pm. If you have children in Grade 6 or older and wish the Sacrament of Confirmation for them, please plan to attend one of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.



**Special Mass October 6th at 11:00 am:** We will be celebrating something special at our first Sunday 11:00 am Mass. Two young people have been preparing for a year to be baptized, confirmed and receive their First Holy Communion. This will take place during the regular Sunday Mass and you are invited to come to pray with and witness this special moment in the life of our parishioners.



### Thanksgiving Food Drive

Parishioners are invited to share with those less fortunate in our community by bringing non-perishable food items to donate to the Stittsville Food Bank for Thanksgiving. The Food Bank is serving more clients than in previous years. There is a current need for: pasta sauce, zoodles, tomato sauce & paste, canned chili, chunky soup, black beans, chickpeas, fruit cups, boxed juices, school snacks. Monetary donations to purchase dairy, eggs and fresh produce can be left in the office or in the collection basket as Food Bank Donation (marked with full name and address for receipt). Please bring your donation to the Parish Hall by Sunday, October 6<sup>th</sup>. Your generous donations are very much appreciated!

**Catholic Women's League Bazaar 2024:** The CWL annual Bazaar will be November 16<sup>th</sup>. There will be vendors, crafts, baked goods, door prizes, raffles, White Elephant table, religious articles and more at our Bazaar. We invite all parishioners to help us. If you have knitting, sewing, craft items and baking, it would be much appreciated! We love having a variety of crafts, so please let us know if you have items to donate. Contact us at [cwlholspiritparish@gmail.com](mailto:cwlholspiritparish@gmail.com)

### Care of Creation Did you know that:

Our food choices account for a heavy price upon nature. Food production is responsible for one-quarter of the world's greenhouse gas emissions. Food waste that is not thrown in a compost or organic bin releases methane which is more potent than CO<sub>2</sub>. *What we can do to reduce our ecological footprint impact on climate warming:* Eat local, buy from local farmers; this will reduce gas emissions from transportation and reduce chemicals from the fertilizer and pesticides used in intensive farming to obtain more yield. Obviously eating less meat from ruminating animals will have a TREMENDOUS reduction on our Greenhouse gas emissions (GHG).



**Synod update:** The Synod of Bishops in Rome will take place for a second time from October 2-27, 2024 with the same delegates from the Synod of October 2023 returning. There are 8 Canadian delegates: 4 Bishops and 4 lay Catholics, of which 3 are women. They will use a common reference which you are invited to read if you have not already: Google « Instrumentum laboris 2024 ». Our Team Holy Spirit will be following it and keeping us up to date!

**WOVEN** All are invited to a special diocesan Mass of Remembrance for children lost through miscarriage or in infancy. Hosted at Annunciation Parish on Oct 19, 2024, the 9am Mass is an opportunity to entrust to the Lord our children who have gone home to his arms. They are known and loved by him. If you have lost a child, you are invited to record their name(s) using the online form: [www.ottawacornwall.ca/.../mass-of-remembrance.../](http://www.ottawacornwall.ca/.../mass-of-remembrance.../). During the Mass, the diocese will read aloud their names and pray for peace and healing for those of us still journeying on earth. A reception will follow the Mass.

Holy Spirit is blessed with a **Prayer Shawl Ministry** that knits and crochets beautiful prayer shawls in various shapes and sizes, for men, women, the young and the elderly. Shawls are ministered for various occasions: whether you are in need of a hug and a prayer to comfort you in trying times or celebrating a joyous sacrament/festivity; prayer shawls are a loving gift and a great reminder that we are loved by our greater community. Please connect with us if you are creative and would like to use your talents in this wonderful Ministry - we meet monthly, or you may wish to be a silent knitter who cannot attend the meetings but wishes to participate. If you know of someone who can benefit from a prayer shawl, please contact: [prayershawlmin@gmail.com](mailto:prayershawlmin@gmail.com)



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