



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Father John Onmeje Ogbaje, Associate Pastor, associate@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

Available before weekday and Saturday Masses as indicated in the weekly calendar and by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

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TWENTY-FIFTH SUNDAY IN ORDINARY TIME



Sep 22 – 25th Sunday in Ordinary Time

Wisdom 2.12,17-20
James 3.16-4.3
Mark 9.30-37

Sep 29 – 26th Sunday in Ordinary Time

Numbers 11.25-29
James 5.1-6
Mark 9.38-43,45,47-48

Parish Calendar

Mon, Sep 23 St. Pius of Pietrelcina
9:00 am Mass
 6:30 pm RCIA
 6:30 pm Sacrament Prep Parents Meeting
 7:00 pm Catholic Women’s League General

Tue, Sep 24
 9:00 am Net Retreat - Guardian Angels School
7:00 pm Mass

Wed, Sep 25
9:00 am Mass

Thu, Sep 26 St. John de Brébeuf & St. Isaac Joques
9:00 am Mass
 9:00 am Net Retreat – Holy Spirit School
 9:30 am Cenacle of Marian Movement of Priests

Fri, Sep 27 St. Vincent de Paul
9:00 am Mass
 9:30 am Flame of Love Prayer Group
 5:00 pm Net Youth Retreat Grades 6-12

Sat, Sep 28
 4:15-4:45 pm Reconciliation
 4:00 pm Sacrament Prep Parents Meeting
5:00 pm Mass

Sun, Sep 29 26th Sunday in Ordinary Time
9:00 am Mass
10:30 am Mass

* Confession available before morning Mass 8:30-8:50am

There will be a special collection for the Needs of the Church in Canada the weekend of Sep 28 & 29, 2024.

COMING SOON...
SUNDAY 11:00 AM MASS

CHANGE OF SUNDAY MASS TO 11:00 AM

On October 6th, the 10:30 am Mass will move to 11 am from then onwards. The reasons are: to give more time between the 9 am Mass and the next Mass to participate in the Coffee Socials and also to help with traffic flow and set up between Masses, especially on busy Sundays with special Masses or events.

Beware of Suspicious Emails from the Priests!

Fr. Geoff and Fr. John will never ask parishioners for money, gift cards or favours by email. If you receive an email supposedly from either of us that looks suspicious, call the parish. Do not respond to the email. Call anytime if you have questions! It’s a sad reality that scammers use priests’ names to prey on the generous good will of parishioners.



SAVE THE DATE – November 16, 2024 is our Catholic Women’s League BAZAAR – you don’t want to miss it!

Mass Intentions

Mon, Sep 23 – 9:00 am
 †Patrick O’Donnell by O’Donnell & Devenny Families

Tue, Sep 24 – 7:00 pm
 Intentions of Laplante Family by Garvey Family

Wed, Sep 25 – 9:00 am
 †Thelma Thomas by June Peter

Thu, Sep 26 – 9:00 am
 Intentions of Maureen Gifford by Dolores & Warren Bahen

Fri, Sep 27 – 9:00 am
 Intentions of Anne-Marie & Phil by Kathy & Gerry

Sat, Sep 28 – 5:00 pm
 Intentions of Debbie Belanger & Murray Cox by June Peter
 Intentions of Kristian & Chantal by June Peter

Sun, Sep 29 – 9:00 am
 †John Renaud by Beamish Family

Sun, Sep 29 – 10:30 am
 For the intentions of all parishioners
 Intentions of Michael Cybulski by Nancy O’Brien
 Intentions of Justin Gifford by Dolores & Warren Bahen



Please pray for those who are sick:
Please pray for those who have died: †
 † Indicates Deceased.

Parish Support:

Sunday Offerings in August 2024 \$25 669.00
 Thank you for your generous contributions!

Join us for a NET Ministries Youth Retreat! We’re excited to announce that NET Ministries will be hosting a dynamic youth retreat for our parish youth group! This is a great opportunity to grow in faith, build friendships, and have a fun, engaging experience led by a team of passionate young missionaries. Don’t miss out on this powerful day of prayer, games, and inspirational talks! The retreat will be held on Fri, Sep 27th from 5-9pm. All youth Grade 6-8 are welcome! *Please note our typical Thursday youth night will be moved to Friday because of the retreat Sep 27th.* Registration required. Please contact Alex for more details and to register youth@holyspiritparish.ca

The Catechesis of the Good Shepherd program (CGS) for the 2024-25 year will be starting up again this fall. CGS level 1 session(s) for children ages 3-5 will be held twice a week beginning early October at St. Joseph House, Holy Spirit Parish. For more information about the CGS program and for registration forms, contact Kim at 613-884-8475 or kim.baudouin@gmail.com

Gospel Reflection

In today's Gospel, Jesus gives us a new way of measuring success: "If anyone wishes to be first, he shall be the last of all and the servant of all." We are called to imitate Christ's humble service and his example. Saint Ambrose, Father and Doctor of the Church, once wrote: "there is no higher dignity than to serve Christ." This is the way that we demonstrate the depth of our faith and it is also the means to being an effective evangelizer.

Father Geoffrey Kerlake

2024 SACRAMENT PREPARATION PARENTS ONLY MEETING (no children required): FIRST RECONCILIATION, and FIRST COMMUNION at

Holy Spirit Parish Hall on: Mon, Sep 23, 2024 at 6:30 pm; and Sat, Sep 28, 2024 at 4:00 pm. If you have children in Grade 2 or older and wish the Sacraments of First Reconciliation and First Communion for them, please plan to attend one of these meetings. If your child was not baptized at Holy Spirit Church, we will need a copy of their baptism certificate.



40 Days for Life Campaign Vigil: The Fall 40 Days for Life campaign, a time set aside to pray and fast for an end to abortion, is taking place from Wed, Sep 25 to Sun, Nov 3, 2024. To sign up for a prayer vigil time slot or for more info see www.40daysforlife.com/en/ottawa

Life Chain October 6th (2 pm to 3 pm corner of Hazeldean and Eagleson) Life Chain is an easy way to get involved in pro-life activism. Our local Life Chain will be held Oct 6 - just show up for one hour to stand on the sidewalk with others who are not ashamed to publicly witness to their pro-life beliefs. Your local Life Chain organizer will provide you with a non-graphic Life Chain sign to hold, and you may pray silently for an end to abortion and for those affected by it. For more info visit: www.campaignlifecoalition.com/life-chain



Thanksgiving Food Drive


Parishioners are invited to share with those less fortunate in our community by bringing non-perishable food items to donate to the Stittsville Food Bank for Thanksgiving. The Food Bank is serving more clients than in previous years. There is a current need for: pasta sauce, zoodles, tomato sauce & paste, canned chili, chunky soup, black beans, chickpeas, fruit cups, boxed juices, school snacks. Monetary donations to purchase dairy, eggs and fresh produce can be left in the office or in the collection basket as Food Bank Donation (marked with full name and address for receipt). Please bring your non-perishable food donation to the Parish Hall by Sunday, October 6th. Your generous donations are very much appreciated!



Men's Breakfast with Guest Speaker Bishop Yvan Matthieu: Saturday, October 19th, 8 am in Holy Spirit Parish Hall.

The Knights of Columbus of Holy Spirit Parish are hosting a men's breakfast with a guest speaker. The theme is "Fatherhood in the "New and Old Testaments". All men are invited! Please RSVP to kofc@holyspiritparish.ca by Tuesday, October 17th so we can have enough scrambled eggs, sausage, toast, etc. Free will offering to cover the costs. Invite a friend for a morning of fellowship with an engaging speaker on the important topic of fatherhood.

Care of Creation

Did you know that: Mass production of cheap plastics aiming to make huge profits  rely on dangerous unregulated chemicals which have been proven to affect our health and cause many abnormalities? Microplastics are everywhere especially indoors and affect little children 10X more than adults. *What we can do to reduce our ecological footprint and amount of plastics:* Purchase smart alternatives to plastics, reduce and reuse. Use wool balls in the dryer to collect microplastics. Pray for the UN Group to agree worldwide on terms to reduce plastics production and regulate plastics when they meet in November 2024 in South Korea to endorse a legally binding agreement on all member states. Pray for their courage and their vision.

Diocesan Mass – National Day for Truth & Reconciliation

"He who has ears to hear, let him hear." (Mark 4:9) This September 30th, honour the National Day for Truth and Reconciliation by attending the 7:30pm diocesan Mass held at St. Basil's parish. September 30th is not a festive holiday. Instead, it is a reminder to pause our lives and sit in the discomfort of the past and present wounds dealt to the Indigenous Peoples of Canada. As a diocese, let us embrace the call for reconciliation with open hearts and minds.

Momentum Catholic Single Mothers' mission is to build a vibrant faith community for Catholic single mothers. Come gather with us for faith sharing and fellowship. The first gathering of the 2024-2025 season will be Sat, Sep 28th from 1-4pm at St. Basil's Church. Light refreshments, tea and coffee, and childcare will be provided. For more information and to register please visit momentummothers.org. Save the dates for our future gatherings: Oct 26th at Divine Infant Parish (1-4pm) and Nov 30th at St. Basil's Parish (1-4pm).

Church Humour: What happens to a member of the Swiss Guard who, in the exercise of his duty to protect the Pope, finds himself running behind the Popemobile? He gets EXHAUSTED!

For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*).

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