



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

THE MOST HOLY TRINITY



May 26 - Solemnity of the Most Holy Trinity

Deuteronomy 4.32-34,39-40
Romans 8.14-17
Matthew 28.16-20

Jun 2 – Body and Blood of Christ

Exodus 24.3-8
Hebrews 9.11-15
Mark 14.12-16, 22-26

Parish Calendar

Mon, May 27

9:00 am Mass
7:00 pm Knights of Columbus Meeting
7:00 pm Catholic Women's League General Meeting

Tue, May 28

9:00 am Mass
7:00 pm Finance Council Meeting

Thu, May 30

9:00 am Mass
9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5

Fri, May 31 The Visitation of the Blessed Virgin Mary

9:00 am Mass
9:30 am Flame of Love Prayer Group
7:00 pm Youth Night Grades 9-12

Sat, Jun 1

St. Justin
4:00-4:25 pm Reconciliation
5:00 pm Mass

Sun, Jun 2 Solemnity of the Most Holy Body & Blood of Christ

9:00 am Mass
10:30 am Mass
*hospitality & coffee hosted by Knights of Columbus after the 5pm, 9 & 10:30am Masses. Everyone welcome!

PRAYER FOR VOCATIONS

That our married couples will realize the profound depths of their marriage, which is nothing less than a reflection of love within the blessed Trinity, we pray to the Lord.

To all parishes' generous faithful

Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

The Catholic Women's League of Canada means: STRENGTH The strength of belonging to a sisterhood of thousands of women is powerful and our impact makes a difference in our parishes, communities, country and beyond. The Catholic Women's League is the largest women's organization in Canada. Imagine the many gifts and talents shared for the good of others. There is strength in numbers. Come join us!

Mass Intentions

Sat, May 25 – 5:00 pm

†Carmine Di Saverio by Daniela & Family
†Rita & †Adele Ryan by Eleanor Lecours

Sun, May 26 – 9:00 am

For the intentions of all parishioners

Sun, May 26 – 10:30 am

†Naldo & †Sylvia Bracci; †Cheryl Kane; and
†Patti Livingstone by Paula Lamothe
†Nelson Hoffman by Margaret & Michael Andre

Mon, May 27 – 9:00 am

†Ann Zavisha by Elizabeth, Mark, Jackson, Evangeline & Liam Rhodenizer
†Anthony & †Mary D'Arcy & Sons by Eileen Garvey & Family

Tue, May 28 – 9:00 am

†Edmund Rumleskie by Sandra Cybulski
Intentions of Marjorie Orange by Garvey Family
Thu, May 30 – 9:00 am

†Andrew Coulas by Anastasia Stoppa & Family

Fri, May 31 – 9:00 am

Intentions of Maureen Gifford by Dolores & Warren Bahen
Sat, Jun 1 – 5:00 pm

†Eugene O'Neill by Eileen Garvey & Family

Sun, Jun 2 – 9:00 am

†William Byrne by Beverly & Children
†Hugh Carroll by Mary Jeffrey
†Frances Kilbey by Mary Jeffrey & Family

Sun, Jun 2 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Patrick, Michael, John, Miriam, Nancy, Muriel, Gerald, Ron, Matthew, David, Scott, Peter, Florence, Richmond, Shirley, Father Larry McCormick

Please pray for those who have died: †Samantha Lommen

†Indicates Deceased.

Youth Ministry Our First Communion and Confirmation Classes are complete. Please keep all these children and families in your prayers as they receive the Lord in a new way!

Join NET Canada in celebrating the 2023-2024 mission year at our annual Thanksgiving Mass and Banquet on June 1st at Blessed Sacrament Parish, 194 Fourth Ave, Ottawa. Doors open at 10:30 am and Mass begins at 11:00 am. Thanksgiving Banquet will take place after Mass in the parish hall. Buy tickets for the banquet at www.netcanada.ca



Word from the Pastor

Today is the feast of the Holy Trinity. From today's letter to the Romans: *The Spirit bears witness with our spirit that we are children of God, heirs of God and joint heirs with Christ.* Today we do not celebrate a doctrine, but the heart of our faith: in Christ we have a special relationship with God, we are children of God and so "joint heirs with Christ." We don't have to fear an impersonal and distant God, because God is our "Abba," the parent who has come to our rescue and adopted us. How do I experience the dignity I have as a child of God? What frequent behavior of mine diminishes me as a child of God?

Pilgrims of Hope visiting Rome, St. Peter's Basilica and the ancient Churches to Dublin and the Irish countryside and the splendours of London, accompanied by Msgr. Joseph Muldoon, April 21 - May 5 during Jubilee Holy Year 2025. Contact 613-569-3888 x3, or dennis@jbctravel.ca to register.

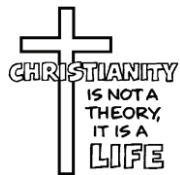
For security concerns the front door is locked during Office Hours. Please ring the doorbell for access.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Your **Team Holy Spirit** hosted 2 Synod 'Conversations in the Spirit' this past month. Thank you to the 24 parishioners who took part! It was a very special sharing of wisdom for our parish. We have written a summary for you. Please see our website www.holyspiritparish.ca Copies will also be available in the foyer of the Church next week.

To help discerners, the Sisters of the Congregation of Notre Dame (CND) are organizing a **Come and See** weekend from May 31st to June 2nd at Ville-Marie (Montréal). "Come and See" how the sisters and their associates worldwide impact the lives of others and protect our mother earth. The discovery weekend is free of charge and the CND can cover the travel expenses if needed. Contact vocations@cnd-m.org for more information.



RCIA: The Rite of Christian Initiation of Adults An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism,

Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

You are Invited! The Catholic Women's League invites all parishioners to a talk by Dr. Richard Bolduc, Ottawa Catholic School Board Mental Health and Well-Being Lead of the Special Education and Student Services Departments, on Monday, May 27, at 7:00 pm in the Parish Hall. Dr. Bolduc is a certified psychologist and will speak about youth, their mental health and how we can help them. This is a subject that has great importance to all of us. Please join us! Refreshments will be served following Dr. Bolduc's talk.

Heart of Worship Adoration Evening – Tue, May 28th at Holy Redeemer Parish (44 Rothesay Dr.) at 7:00 - 8:30pm – Spiritual talk by Erin Kinsella – Praise and Worship music – Confessions – Silent prayer time – Fellowship – Livestream link: www.YouTube.com/HolyRedeemerParishKanata

AN AFTERNOON RETREAT: Sun, June 2nd 1:00 pm to 4:30 pm (followed by Sunday mass): Msgr. Yvan Mathieu will lead a reflection to inspire and enlighten us based on biblical texts. A reflection outdoors will follow weather permitting. You may bring a lawn chair. Activities and conversations will provide training, advice, strategies and resources to help us work together towards Caring for Creation. (In French & English) at St-Sebastien Parish, 1000 Frances St., Ottawa.

3rd Annual **Family Bike Ride** in Stittsville. This event is a great opportunity for families to promote new connections with our community, exercise, and appreciate a moment of leisure while enjoying nature. This year's event takes place on **Sun, Jun 9, from 10 am to 11:30 am**. Families will gather at **Village Square Park**, then go for a tour along the Trans Canada Trail to the Observation Deck and then return, a 4 km route. For more info and to register visit www.glengower.ca/events

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on Jun 13 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O'Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

Humility comes from the Latin word humus, fertile ground. The fertile ground is there, unnoticed, taken for granted, always there to be trodden upon. It is silent, inconspicuous, dark, and yet it is always ready to receive any seed, ready to give it substance and life. The more lowly, the more fruitful, because it becomes really fertile when it accepts all the refuse of the earth. It is so low that nothing can soil it, abase it, humiliate it; it has accepted the last place and cannot go any lower. ~ **Anthony Bloom**, "Living Prayer, (Springfield, Ill., Templegate Publications)"

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