



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

ASCENSION OF THE LORD



May 12 – Solemnity of the Ascension of the Lord

Acts 1.1-11
Ephesians 1.17-23
Mark 16.15-20

May 19 – Pentecost Sunday

Acts 2.1-11
1 Corinthians 12.3b-7,12-13
John 20.19-23

Parish Calendar

Mon, May 13

7:00 pm Prayer Shawl Meeting
7:00 pm Knights of Columbus Planning Meeting

Tue, May 14

St. Matthias
7:00 pm Confirmation Preparation

Wed, May 15

9:30 am Catechesis of the Good Shepherd

Thu, May 16

9:30 am Cenacle of Marian Movement of Priests
6:30 pm Youth Night Grades 3-5

Fri, May 17

9:00 am Mass
9:30 am Flame of Love Prayer Group
7:00 pm Youth Night Grades 9-12

Sat, May 18

4:00-4:25 pm Reconciliation

5:00 pm Mass

Sun, May 19 Solemnity of Pentecost

9:00 am Mass
10:30 am Mass

*hospitality & coffee hosted by Catholic Women's League after the 9 & 10:30am Masses. Everyone welcome!

Weekday Masses are available at:

St. Patrick Church, Fallowfield on Tuesdays to Fridays at 9:00 am; and Holy Redeemer Church on Mondays, Tuesdays, Thursdays & Fridays at 9:00 am and Wednesdays at 7:00 pm.

PRAYER FOR VOCATIONS That, seated at the right hand of His Father in heaven, the Lord will share His wisdom with those discerning their vocation and open their eyes and hearts in faithfulness, we pray to the Lord.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Sacrament Preparation

Our First Communion and Confirmation Classes are in progress. Please keep all those children and families in your prayers as they prepare to receive the Lord in a new way!

A mother puts her little child on its feet, but the child itself must do something, must make an effort if it wants to walk. God does all that is necessary, but man must do his share. ~ Fr. Willie Doyle, S.J. quoted in the book, To Raise the Fallen

Mass Intentions

Sat, May 11 – 5:00 pm

In honour of the Immaculate Heart of Mary
Intentions of Jean Barton by Claire Moore
Intentions of Barb Denis by Marilyn Foote-Pollock

Sun, May 12 – 9:00 am

†Antonio Girardi & †Giovanni Gabriele by Joe & Donella Gabriele

In honour of the Immaculate Heart of Mary

†Jack, †Margaret, †Rita & †Paul Droogh by McCaffrey Family

Sun, May 12 – 10:30 am

For the intentions of all parishioners

Fri, May 17 – 9:00 am

†Reg & †Michel Marsolais by Jacques & Jeannie Marcil
Parents, grandparents, relatives & friends by Family Ho Truong

Sat, May 18 – 5:00 pm

†Maria Teresa & †Jose Chavolla and †Marina & †Carlos Wolf by Veronica Wolf & Daniel Chavolla
†Valerie Bagi by Seregelyi Family

Sun, May 19 – 9:00 am

†Hugh Carroll by Shirley & Don Gillis
Intentions of Kayla A. by Marilyn
†Vincenzo Matricardi by Enrichetta & Family

Sun, May 19 – 10:30 am

For the intentions of all parishioners

Please pray for those who are sick: Patrick, Michael, John, Miriam, Nancy, Muriel, Gerald, Ron, Matthew, David, Scott, Peter, Florence, Richmond

Please pray for those who have died: †Yolande Cuillierrier, mother of Deacon Claude Vachon

†Indicates Deceased.



The Catholic Women's League of Canada means: SOCIAL JUSTICE Called by sacred scriptures, church teachings and tradition, Catholic Women's League members commit themselves to furthering God's kingdom on earth as it is in heaven. Join us on this exciting journey to create God's justice here and now.

Marriage Preparation Course: Catholic Engaged Encounter English Canada East-Courses are via Zoom. Please see website for more information www.cceeast.org
Upcoming virtual weekend dates: May 31, June 1-2, 2024; November 1-2-3, 2024

The loveliest masterpiece of the heart of God is the heart of a mother. ~ St. Thérèse of Lisieux

Word from the Pastor

The underlying precepts of The Ethical Framework are not unlike the social teachings of the Catholic Church: “Respect for the basic dignity and worth of every person; consideration for the interest of others and the common good; consideration of all actions in terms of desirable ethical and moral outcomes, rather than on solely legal, or convenient results.” Rather than solve problems, the four principles proposed in the document provide a foundation that empowers individuals to build solutions and guide daily living. These principles are:

1. Be FOR people rather than AGAINST people. (Consider others. Consider the common good.)
 2. Treat people with care and concern, strive for harmony. (Build caring, trusting relationships.)
 3. Respect the wonder of life. (Life is precious and sacred.)
 4. Accept responsibilities as members of society. (Obligations to yourself, to others, to society.)
- Let us love in deed and truth.

Welcome to Father Patrick Beneteau of the Diocese of London, who is celebrating the Eucharist this weekend.

Spring spiritual and cultural journey accompanied by Msgr. Joseph Muldoon of Holy Spirit Parish, for the Jubilee Holy Year April 2025 in Rome, visiting St. Peter’s Basilica, to Ireland and London, England. Dennis Kam of JBC Travel, Ottawa, is coordinating. Contact 613-569-3888 x3, or dennis@jbctravel.ca. Tour Price \$4700 per person, airfare per person \$1000 (airfare and taxes subject change).

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Canada Health Day – May 12 Canada Health Day is celebrated in health care facilities and community services across the country. This day reminds us that health and healing are essential aspects of our baptismal vocation. We are called to take responsibility for our personal health: to prevent illness and to seek a healthy lifestyle. Good health concerns the physical, emotional, social, and spiritual health of our communities, respect for God’s creatures and the nurturing of the whole earth.

World Communications Day – May 12 Today Catholics are invited to reflect upon the media of social communication (films, radio, television, newspapers, audiovisuals) and how these influence our lives. The media can promote values that lead to a more fully human society. The Church’s ministry is twofold. The media can be used to help promote the Gospel. At the same time, as receivers of the materials presented by the media, the faithful have a duty to support and promote worthwhile presentations on media and reject those which promote values contrary to spiritual growth.

You are Invited! The Catholic Women’s League invites all parishioners to a talk by Dr. Richard Bolduc, Ottawa Catholic School Board Mental Health and Well-Being Lead of the Special Education and Student Services Departments, on Monday, May 27, at 7:00 pm in the Parish Hall. Dr. Bolduc is a certified psychologist and will speak about youth, their mental health and how we can help them. This is a subject that has great importance to all of us. Please join us! Refreshments will be served following Dr. Bolduc’s talk.

You are invited to participate in the annual Multifaith Housing Initiative MHI, **TULIPATHON** fundraiser 2 km walk on MAY 26 at 2:30 pm at Commissioners’ Park, by Dow’s Lake. Support MHI for affordable housing. 100% of Tulipathon net proceeds go towards MHI’s rent subsidies program for our tenants at MHI’s various affordable housing sites. Fundraising will close on June 30th. For information and donation sign-up-sheets see www.multifaithhousing.ca/tulipathon.html

1st Annual Catholic Community Day & School Fair May 18 from 8:00am - 4:00pm at St. Francis of Assisi Parish, Ottawa. To promote collaboration and cooperation between Catholic ministries and businesses in the Ottawa area and to support the growth of independent Catholic education in Ottawa. Each registrant (schools, ministries, and businesses) is afforded a table to feature and introduce their organization to the wider Catholic (and non-Catholic) community. This event is open to all Catholic parents, students, and members of the wider Ottawa community to learn about the wonderful Catholic schools, ministries, and businesses serving the Ottawa area. More information www.ciocs.ca/events

Quo Vadis? Where Are You Going? Is the Lord calling you to serve him as a priest? Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on May 23 at 7:00 pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. For more information, contact Fr. Connor O’Hara, the Vocations Director for the diocese, at vocations@ottawacornwall.ca

A Prayer in Gratitude for Our Mothers Good and Gentle God, we pray in gratitude for our mothers and for all the women who have joined with you in the wonder of bringing forth new life. You who became human through a woman, grant to all mothers the courage they need to face the uncertain future that life with children always brings. Give them the strength to live and to be loved in return, not perfectly, but humanly. Give them the faithful support of husband, family and friends as they care for the physical and spiritual growth of their children. Give them joy and delight in their children to sustain them through the trials of motherhood. Most of all, give them the wisdom to turn to you for help when they need it most. ~ *Author Unknown*

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