



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Father Geoffrey Kerslake, Pastor, pastor@holyspiritparish.ca
Father John Onmeje Ogbaje, Associate Pastor, associate@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

James MacLean, Grand Knight 613-831-8617

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____
Email: _____
Address: _____ Postal Code: _____
Phone Number: _____

TWENTIETH & TWENTY-FIRST SUNDAY IN ORDINARY TIME



Aug 18 – 20th Sunday in Ordinary Time Proverbs 9.1-6; Ephesians 5.15-20; John 6.51-58

Aug 25 – 21st Sunday in Ordinary Time Joshua 24.1-2a,15-17,18b; Eph 4.32-5.1-2,21-23; Jn 6.53,60-69

Sept 1 – 22nd Sunday in Ordinary Time Deut 4.1-2,6-8; James 1.17-18,21-22,27; Mk 7.18,14-15,21-23

Parish Calendar Aug 18 to Sep 1

Weekdays	9:00 am Mass
Saturdays	5:00 pm Mass
Sundays	9:00 am & 10:30 am Mass

Parish Office Hours

August 19 - 30: Mon, Tue, Wed, Thu

9-12 & 12:30-3:30

Emails and phone messages will be monitored.

To all parish's generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Stittsville Food Bank Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but cereal, peanut butter, jam, rice, soups, tuna and salmon, and personal care items for men & women are also needed. Please bring your donations during office hours or when you come to Sunday Mass.



A big thank you to the many people who have helped Fr. John and I move and settle into Holy Spirit Parish and the rectory on Forest Creek Drive. We have received a warm welcome and the Finance Council and some parishioners have gone the extra mile helping us organize the rectory and address some maintenance issues. Thank you all very much - you are making a big difference! Fr. Geoff

Prayer for Giving Thanks for Summer:

Father, Creator of all, thank You for summer! Thank you for the warmth of the sun and the increased daylight. Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy Your creation. Thank You for the increased time I have to be with my friends and family, and for the more casual pace of the summer season. Draw me closer to You this summer. Teach me how I can pray no matter where I am or what I am doing. Warm my soul with the awareness of Your presence and light my path with Your Word and Counsel. As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for You. – Author Unknown

Mass Intentions

Sat, Aug 17 – 5:00 pm

†Patricia & †Emmitt Nevins by Ross & Jackie Pilley

†Mary Gertrude Riordan by James

Intentions of Michael & Jennifer by Marie

Sun, Aug 18 – 9:00 am

For the intentions of all parishioners

Sun, Aug 18 – 10:30 am

†Joyce Fowler by Joanne & Family

†John Myslicki by Family

Mon, Aug 19 – 9:00 am

Tue, Aug 20 – 9:00 am

Intentions of Julian & Jonita by Marie

Wed, Aug 21 – 9:00 am

†Vera Comeau by Bertha Emmett

Thu, Aug 22 – 9:00 am

Intentions of Charbonneau Family by Garvey Family

Fri, Aug 23 – 9:00 am

Intentions of Garvey Family

Sat, Aug 24 – 5:00 pm

Intentions of Aaron Gifford by Dolores & Warren Bahen

Intentions of Alma & Clemente Miranda by Nelida

Sun, Aug 25 – 9:00 am

†Maria Girardi by Joe & Donella Gabriele

†Richard Jeffrey by Mary & Family

Sun, Aug 25 – 10:30 am

For the intentions of all parishioners

Mon, Aug 26 – 9:00 am

Intentions of Margaret Mulvihill by Marion DiGaspari

Tue, Aug 27 – 9:00 am

Wed, Aug 28 – 9:00 am

Thu, Aug 29 – 9:00 am

†Alina Lusito & †Adrian Cozzolino by Nick & Pam Lusito

Fri, Aug 30 – 9:00 am

†Matt Marcil by Jacques & Jeannie Marcil

Sat, Aug 31 – 5:00 pm

†Ron MacDonald by Vanita & Family

Sun, Sep 1 – 9:00 am

For the intentions of all parishioners

Sun, Sep 1 – 10:30 am

Living & deceased members of Catholic Women's League

Living & deceased members of Emmett Family by Bertha

†Holance Chan by Divina & Family

We keep those who are ill and those who have died in our prayers.

†Indicates Deceased



Volunteer drivers needed for Fr. John on Friday mornings: September 13, 20, 27, and October 4. Please contact the parish office if you can help. 613-836-8881



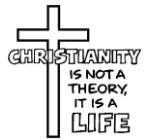
Sunday Reflection:

Jesus tells us “unless you eat the flesh of the Son of Man and drink his blood, you have no life in you”.

The miracle of the multiplication of the loaves that we heard recently, and this long passage we read over four Sundays, is clearly Eucharistic. John’s Gospel was the last one written and it has the most developed theology of the four gospels. His community had a lot of time to ponder the meaning of the events of Jesus Christ’s life and ministry. John and his community had a very profound regard for the miracle of the Eucharist.

John’s Gospel was written to get the reader or hearer to come to a decision. Having heard the testimony, she or he must confront the reality that Jesus is the Son of God and either accept or reject that truth. Accepting or rejecting Jesus then conditions all of the rest of our behaviour. Either you accept Jesus Christ and already experience the life of God, or reject him and currently experience spiritual death, while being alive in the world. An important part of accepting Jesus Christ means appreciating what the Eucharist means for us.

Father Geoffrey Kerlake



RCIA: The Rite of Christian Initiation of

Adults An invitation to a journey of discovery is open to all adults seeking entry into the Catholic Church or completing their sacraments through Baptism, Reconciliation, Eucharist and Confirmation. If you or someone you know is interested in the Rite of Christian Initiation of Adults process, please call the Parish Office (613-836-8881) with regards to RCIA. We begin in September! If you would like to volunteer as a leader, contact Alex Ducharme youth@holyspiritparish.ca

Sacraments of First Communion & Reconciliation, and Confirmation for 2024-25

If you have a child entering Grade 2 (or older) in September and intend for them to receive First Communion, or a child entering Grade 6 (or older) and intend for them to receive the Sacrament of Confirmation, please email youth@holyspiritparish.ca prior to the beginning of the 2024-25 school year. Preparation for Baptism is also possible at any age. Please send a short note indicating the child’s name, upcoming grade, a parent’s name, and which Sacraments they hope to receive next year. We will contact all interested families for official registration in September.

A Great Symphony of Prayer: Mary, the Saints and Scripture

The CCCB Ad hoc Committee for the Preparation for the Jubilee 2025 is hosting a two-part series titled, “A Great Symphony of Prayer” which will enable the faithful one meaningful way to participate in the Year of Prayer which was announced by Pope Francis in January 2024. Four consecutive Thu beginning Oct 3, 2024 1:00 pm. Visit www.ottawacornwall.ca/news/a-great-symphony-of-prayer-cccb-webinars/ to register

Catholic Women’s League Bazaar 2024:

The CWL is in the planning stages for its annual Bazaar to be held in early November. There are currently spots available for vendors who would like to participate. If you have items that you would like to sell or know of a vendor who would like to have a table at the Bazaar, please contact Claire at 613-612-1659 or send an email to: cwlholyspiritparish@gmail.com.

There will be vendors, crafts, baked goods, door prizes, raffles, White Elephant table, religious articles and more at our Bazaar. We invite all parishioners to help us. If you have knitting, sewing, craft items and baking, it would be much appreciated! We love having a variety of crafts, so please let us know if you have items to donate. Contact us at cwlholyspiritparish@gmail.com



PAINT NIGHT EVENT The Catholic Women’s League is hosting a paint night featuring the Paint Party Sisters on Wed, Sep 18, from 7:00 to 9:00 pm in the Parish Hall.

Everyone is welcome - please bring a friend for a fun evening. Tickets must be purchased ahead of time and are \$40 per person; the price includes all supplies and light refreshments will be served. Tickets are available from Claire at 613-612-1659, email cwlholyspiritparish@gmail.com

A Dinner Theatre Experience Supporting Notre Dame Cemeteries

Celebrate 150 years of Notre Dame Cemetery at this unique fundraiser, hosted at the Centre Pauline-Charron. Hear the stories of residents of the cemetery, brought back to life through a unique dinner theatre experience.

Tickets are \$35/person and include the cost of the meal. Sep 13 at 6 pm. Purchase your ticket in advance at: www.ottawacornwall.ca/event/final-testaments-stories-from-notre-dame-cemetery/

Beginning in September 2024, we will celebrate the Eucharist on Tuesday evenings at 7:00 PM at Holy Spirit Church. Our weekday Mass schedule will be:

Mondays at 9:00 am	Thursdays at 9:00 am
Tuesdays at 7:00 pm	Fridays at 9:00 am
Wednesdays at 9:00 am	

Church Humour: A Kindergarten teacher was observing her classroom as the children drew pictures. The teacher would occasionally walk around and see each child’s artwork. As she approached one little girl who was working especially hard, she asked what the drawing was. The little girl told her: “I’m drawing God!” “But sweetie,” the teacher replied, “no one actually knows what God looks like.” The little girl continued drawing and said: “Well, they certainly will in a minute!”

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